



**Giovanna Capozza DHMHS, R.BIE, RHN, RP**  
Homeopath & Holistic Healthcare Practitioner  
[www.gcnaturalfamilyhealth.com](http://www.gcnaturalfamilyhealth.com)

**Explanation and Consent Form**

**What is Intuitive Energy Healing (IEH)?**

Intuitive Energy Healing Sessions amalgamate elements of Reiki, Pranic Healing, Homeopathy and Aromatherapy to create and receptive, relaxing environment where healing can begin. IEH uses a pure form of healing energy called the "Universal Life Force". It is a powerful therapy which can help by increasing your ability to create and improve self awareness. It helps to free up blocked energy in the body and thus it helps you feel stronger mentally and spiritually. It is a great tool for personal growth and relaxation. A treatment feels like a wonderful glowing radiance that flows through you and surrounds you. IEH treats the whole person including body, emotions, mind and spirit and creates many beneficial effects including relaxation and feelings of peace, security, and well-being. IEH is a simple, natural, and safe method of spiritual healing and self-improvement that everyone can use. It is NOT a replacement for medical treatment.

**Consent:**

I understand that the IEH session given involves a natural method of energy balancing for the purpose of stress reduction, and relaxation. I understand very clearly that a IEH session is not a substitute for medical, or psychological diagnosis, and treatment. I also understand that it is not massage therapy, but rather energy work that the practitioner performs with her hands by lightly touching or hovering just above the body. I understand that IEH practitioners do not diagnose conditions, nor do they prescribe substances, nor interfere with the treatment of a licensed medical professional. It is recommended that I see a licensed physician, or licensed health care professional for any physical, or psychological ailment I have. As with all forms of therapy, I understand that IEH also has its limitations and thus I understand that the results are not guaranteed.

I understand that IEH is not covered by the provincial government (OHIP). Payment is due at the end of each visit. Twenty-four hours notice is required when cancelling or changing an appointment. Otherwise, I understand that I will be charged the full amount of the missed appointment fee.

Signature of Client: (or guardian if under 18) \_\_\_\_\_

Dated: \_\_\_\_\_